

## Supporting document 2

### Sexual and Reproductive Health Literacy Questionnaire

This part of the questionnaire is used to measure the sexual and reproductive health literacy in relation to teenage pregnancy, based on the self-perception of the respondents. Some questions in this section may have to be assumed (according to the interviewer training) for those who have never had sexual experience, to comfortably answer the questions.

On a scale from very easy to very difficult, how easy would you say it is to: ...		Put a circle on the answer number			
		Very Difficult	Difficult	Easy	Very Easy
<b>Accessing</b>					
4.1	... find information about which contraceptives you can use?	1	2	3	4
4.2	... find information about possible side-effects of contraceptives?	1	2	3	4
4.3	... find information about early symptoms of pregnancy and pregnancy testing?	1	2	3	4
4.4	... find information about how you can live healthy during a pregnancy?	1	2	3	4
4.5	... find information where to get (professional) help when you are/ your girlfriend is pregnant?	1	2	3	4
4.6	... find information about problems that can occur during a teenage pregnancy?	1	2	3	4
4.7	... find information about a safe induced abortion? (e.g. Is it legal in Lao PDR? How can you get access?)	1	2	3	4
4.8	... find information about problems that can occur if having a miscarriage or induced abortion?	1	2	3	4
4.9	... find information about activities (in your community or school) that you can join about contraceptives, teenage pregnancies and/or induced abortion?	1	2	3	4
<b>Understanding</b>					
On a scale from very easy to very difficult, how easy would you say it is to: ...		Put a circle on the answer number			
		Very Difficult	Difficult	Easy	Very Easy
4.10	... understand your doctor's/pharmacist's instructions on how to use contraceptives/medicine?	1	2	3	4
4.11	... understand information that comes with your leaflet/product packages (e.g. package of condoms or medicine box).	1	2	3	4
4.12	... understand information in the media about pregnancy, contraceptives or induced abortion (e.g. Facebook,	1	2	3	4

	Google, television, brochures, poster)?				
4.13	... understand how sexual intercourse without contraceptive methods (e.g. condoms etc.) can lead to a pregnancy?	1	2	3	4
4.14	... understand how you can test if you are/your girlfriend is pregnant and what symptoms occur in the first stage of pregnancy?	1	2	3	4
4.15	... understand why pregnant teenage girls need to live healthy and see a professional doctor regularly during their pregnancy?	1	2	3	4
4.16	... understand what to do in case when you have/ your girlfriend has a dangerous problem related to pregnancy?	1	2	3	4
4.17	... understand what to do in case you have/ your girlfriend has a dangerous problem related to miscarriage or abortion?	1	2	3	4
4.18	... understand the problems that can occur if you are/ your girlfriend is pregnant?	1	2	3	4
4.19	... understand the problems that can occur if you have/ your girlfriend has an abortion?	1	2	3	4
<b>Appraising / Thinking</b>					
<b>On a scale from very easy to very difficult, how easy would you say it is to: ...</b>		Put a circle on the answer number			
		<b>Very Difficult</b>	<b>Difficult</b>	<b>Easy</b>	<b>Very Easy</b>
4.20	... judge what the advantages and disadvantages are for you of using contraceptives?	1	2	3	4
4.21	... judge what the advantages and disadvantages are for you keeping the baby versus having an induced abortion, in case of an unintended pregnancy?	1	2	3	4
4.22	... judge if it is necessary for you to go to the doctor if you have questions about pregnancies, contraceptives and/or abortion?	1	2	3	4
4.23	... judge the quality of information in the media about pregnancies, contraceptives and/or abortion?	1	2	3	4
4.24	... judge the quality of information from your family and friends about pregnancies, contraceptives and/or abortion?	1	2	3	4
4.25	... judge the quality of information from your doctor or pharmacist about pregnancies, contraceptives and/or abortion?	1	2	3	4
4.26	... judge the quality of information from your teacher or out-school/work activities?	1	2	3	4
<b>Applying / Decision making</b>					

On a scale from very easy to very difficult, how easy would you say it is to: ...		Put a circle on the answer number			
		Very Difficult	Difficult	Easy	Very Easy
4.27	... to use contraceptives before having sex?	1	2	3	4
4.28	... use the doctor's or pharmacist's instructions about pregnancies, contraceptives and/or abortion?	1	2	3	4
4.29	... follow the instructions that comes with your leaflet/product packages (e.g. condom package/ medicine box)?	1	2	3	4
4.30	... decide what to do when you discover/your girlfriend discovers a pregnancy? (keeping the baby, abortion, adoption)?	1	2	3	4
4.31	...decide what to do when you have/ your girlfriend has problem related to pregnancy?	1	2	3	4
4.32	... decide what to do when you have/ your girlfriend has a problem related to contraceptives?	1	2	3	4
4.33	... decide what to do when you have/your girlfriend has a problem related to abortion? (e.g. severe bleeding, pain, infection)?	1	2	3	4
4.34	... talk/negotiate with your sexual partner about using a contraceptive method before having sex?	1	2	3	4
4.35	... talk with your friends about teenage pregnancies, contraceptive methods and/or abortion?	1	2	3	4
4.36	... talk with your family about teenage pregnancies, contraceptive methods and/or abortion?	1	2	3	4
4.37	... consult your health provider (e.g. doctor or nurse) about teenage pregnancies, contraceptives and/or abortion?	1	2	3	4
4.38	... consult you teacher about teenage pregnancies, contraceptives and/or abortion?	1	2	3	4
4.39	... join/take part in a sexual education activities, family planning, and teenage supportive activities	1	2	3	4